

## "Whole Wheat Bread"

Boil a small potato for each loaf of bread required. Take 2 cups white flour & pour the boiling water from the potatoes on it. Put the potatoes thru a colander and stir into the flour mixture. If too stiff add warm water and beat well until smooth. When cool enough put

in the yeast. In the morning have ready  $\frac{2}{3}$  whole wheat flour and  $\frac{1}{3}$  white flour. Knead with warm water making as soft as possible. A small amount of salt & sugar are added also.  
Mrs. Mary (Lyman) Nixon's  
recipe.