



*Partly Ripe... Green tips show that the banana is partly ripe. At this stage, cooking makes the fruit appetizing and digestible.*



*Yellow Ripe... Now the banana can be eaten uncooked. But it is most delicious when it is used in desserts, salads and frozen puddings.*



*Fully Ripe... The brown flecked skin is the un-failing sign of the fully ripe banana. The delicate flavor is now at its best.*