

Pineapple Omelet—Cook together, two tablespoons each of butter and flour, add one cup of grated pineapple and sugar and salt, add to the well-beaten yolks of five eggs, fold in the stiffly beaten whites of five eggs. Cook two minutes in a buttered pan, dry in the oven, fold, turn onto a hot platter, dust with powdered sugar and serve with grated pineapple.