Nut Steak (Prize Recipe)

Put into a mixing bowl 1 cup of walnut meats coarsely chopped, 2 cups of bread crumbs, ½ teaspoon each of salt and dried sage, and a very little pepper, mix dry ingredients together, add 1 egg slightly beaten and 4 tablespoons of milk, shape as for hamburg steak and fry in hot pan with small amount of butter. Serve with [illegible]to sauce.