

Nut Scramble

Toast thin buttered slices of whole wheat or graham bread. To 3 eggs well beaten add 3 tablespoons of milk, $\frac{1}{2}$ cup of chopped nut meats, and season with pepper and salt. Put into a frying pan 1 tablespoon of peanut oil or butter, and when it is warm turn into it the ingredients, stirring while they cook. Turn upon the toast while the eggs are a little soft, and serve at once.