Nut Muffins .- Sift one and one-half cupfuls of flour with two teaspoonfuls of baking powder, one teaspoonful of sugar and one-half teaspoonful of salt. Add one tablespoonful of melted butter, onehalf cupful of chopped nut meats, one beaten egg and three-fourths cupful of water or milk, mixing well. Bake in hot buttered gem pans.