

Lobster cutlets

Two cupfuls of chopped lobster, crab meat, salmon, tuna fish or prepared fish flakes, half a teaspoonful of salt, a little cayenne pepper, a few grains of mace, one teaspoonful of lemon juice, one egg yolk, one teaspoonful of minced parsley, three-quarters of a cupful of milk, four tablespoonfuls of butter or butterine, and five tablespoonfuls of flour.

Put the ingredients together as in the recipe for chicken or ham croquettes. When thoroughly chilled form into cutlet or chop shape, and egg, crumb and fry as directed.