



**LIMAS LOUISIANA:** Parboil  $\frac{1}{2}$  lb. little pork sausages 5 minutes. Combine 2 cups cooked dried Limas, sausages, 2 tbsps. chopped onion, 1 tsp. sugar,  $\frac{1}{4}$  tsp. mace, 1 tsp. salt, and  $\frac{1}{4}$  tsp. poultry seasoning. Place in an oiled baking dish. Pour 1 cup milk over the Limas and scatter bits of butter and shredded green pepper over the top. Bake in moderate oven ( $350^{\circ}$  F.) 25 minutes. This is a one-dish meal.