



GRAPEFRUIT-DATE SALAD

1 cup diced grapefruit
1½ cups chopped stoned dates
1 cup diced pineapple pulp
1 cup chopped Brazil nuts
Whipped cream mayonnaise

Mix ingredients. Add mayonnaise. Arrange on lettuce covered plates.

This may be used as a fruit cup or dessert also. Serve in sherbet glasses in each case. As a fruit cup, omit dressing; as a dessert, serve with a light whipped cream-mayonnaise dressing, made by stirring mayonnaise into cream already whipped, using about twice as much cream as mayonnaise.

Variation: Substitute 1½ cups of chopped seeded raisins to replace dates.