

## Date Bread.

- 1½ cups flour
- 5 teaspoons baking powder
- 1½ teaspoons salt
- ¼ cup soda
- 1½ cups graham flour
- 1 cup pitted dates, cut
- 1 cup nuts, broken
- ½ cup brown sugar
- 1½ cups milk
- ¼ cup molasses

Mix and sift flour, baking powder, salt and soda. Add the graham flour, and mix in dates and nuts. Add brown sugar, milk and molasses. Beat well. Turn into a well-greased bread pan. Bake in a moderate oven (350 degrees F.) for 1 hour.