

## CLUB TOAST.

A substantial dish for breakfast or luncheon is made by placing on each individual plate a slice of dry toast. On this place a slice of broiled ham and on the ham a poached egg. Over all pour a sauce made by bringing one cupful of cream to the scalding point and stirring into it a tablespoonful of butter and half as much flour blended; season with salt and a dash of white pepper. Many use sour cream instead of sweet and consider it delicious.