Buttermilk Doughnuts 1 Cupful of Buttermilk 1/2 Teaspoonful of Bak-1 Cupful of Brown ing Soda 1 Teaspoonful of Sugar Cream of Tartar 2 Tablespoonfuls of Butter Flour 1 Egg 1/4 of a Teaspoonful of Salt REAM the butter and sugar together, then add the egg well beaten, the buttermilk, soda, cream of tartar, and enough sifted flour to make a stiff dough. Roll out about a quarter of an inch thick, cut with a doughnut-cutter and fry in plenty of smoking-hot fat. Drain, and dust with sifted sugar.