

"Brown Bread."

- 2 cup corn meal  
1 " white flour  
 $\frac{3}{4}$  " mollasses  
2 " sour milk or water  
1 Teaspoon soda dissolved in milk  
1 " salt  
1 Tablespoon melted butter.  
Steam three hours, then  
bake for  $\frac{1}{2}$  hour in a hot oven.

THE next time you steam brown bread, grease the top of your double boiler well and fill two-thirds full of the mixture. Set

over the lower part filled with boiling water and cook the desired length of time. Remove the cover and allow it to stand for a short time in the oven to dry off.