

Boston Spoon Bread

1 cup of yellow or white corn meal.

2 teaspoons of baking powder.

$\frac{1}{2}$ teaspoon of salt.

1 quart of sweet milk.

2 eggs.

2 tablespoons of butter.

SIFT corn meal, salt and baking powder together. Beat the two eggs lightly and stir into the milk and

thicken. Serve with a spoon from the dish in which it is baked. Eat with butter. A good breakfast or luncheon dish.