

BANANA WAFFLES — Sift together 1 cup flour, $\frac{1}{4}$ teaspoon salt, 2 teaspoons baking powder. Add 3 egg yolks and $\frac{1}{2}$ cup rich milk, beating thoroughly. Stir in 2 tablespoons melted shortening and 2 finely chopped ripe bananas. Fold in stiffly beaten egg whites. Bake in hot waffle iron.